



Quickview Brochure 2012

Our 17th Season!

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Dates and Rates

MARCH BREAK CAMP 2012

BARRHAVEN, NEPEAN (Berrigan Elementary School)	Mar 12 - Mar 16
March Break Arts & Crafts	\$234
March Break Multi-Sport	\$234
Morning Only Freshman Arts Camp	\$124
Morning Only Freshman Arts Camp	\$124

BEAVERBROOK, KANATA (Earl of March Secondary School)	Mar 12 - Mar 16
March Break Arts & Crafts	\$234
March Break Multi-Sport	\$234
Morning Only Freshman Arts Camp	\$124
Morning Only Freshman Sports Camp	\$124

Optional Lunch available: 5 day week - \$34.00 per week

SUMMER CAMP 2012

BARRHAVEN, NEPEAN (Berrigan Elementary School)	WK 1* Jul 3 - Jul 6	WK 2 Jul 9 - Jul 13	WK 3 Jul 16 - Jul 20	WK 4 Jul 23 - Jul 27	WK 5 Jul 30 - Aug 3	WK 6* Aug 7 - Aug 10	WK 7 Aug 13 - Aug 17
Arts and Crafts	\$189	\$234	\$234	\$234	\$234	\$189	\$234
Golf	N/A	\$314	N/A	\$314	N/A	N/A	N/A
Morning Only Freshman Arts Camp	\$99	\$124	\$124	\$124	\$124	\$99	\$124
Morning Only Freshman Sports Camp	\$99	\$124	\$124	\$124	\$124	\$99	\$124
Multisport	\$189	\$234	\$234	\$234	\$234	\$189	\$234
Swim	\$449	wk 2 of 2	\$499	wk 2 of 2	N/A	\$449	wk 2 of 2

* 4 day week because of Ontario Holiday

Optional Lunch available: 5 day week - \$34.00 per week / 4 day week - \$28.00

SUMMER CAMP 2012

BEAVERBROOK, KANATA (Earl of March Secondary School)	WK 1* Jul 3 - Jul 6	WK 2 Jul 9 - Jul 13	WK 3 Jul 16 - Jul 20	WK 4 Jul 23 - Jul 27	WK 5 Jul 30 - Aug 3	WK 6* Aug 7 - Aug 10	WK 7 Aug 13 - Aug 17
Arts and Crafts	\$189	\$234	\$234	\$234	\$234	\$189	\$234
Golf	N/A	\$314	N/A	\$314	N/A	\$252	N/A
Horseback	\$252	N/A	\$314	N/A	\$314	N/A	\$314
Morning Only Freshman Arts Camp	\$99	\$124	\$124	\$124	\$124	\$99	\$124
Morning Only Freshman Sports Camp	\$99	\$124	\$124	\$124	\$124	\$99	\$124
Multisport	\$189	\$234	\$234	\$234	\$234	\$189	\$234
Swim	\$449	wk 2 of 2	\$499	wk 2 of 2	N/A	\$449	wk 2 of 2

* 4 day week because of Ontario Holiday

Optional Lunch available: 5 day week - \$34.00 per week / 4 day week - \$28.00

BRIDLEWOOD, KANATA (Roch Carrier Elementary School)	WK 1* Jul 3 - Jul 6	WK 2 Jul 9 - Jul 13	WK 3 Jul 16 - Jul 20	WK 4 Jul 23 - Jul 27	WK 5 Jul 30 - Aug 3	WK 6* Aug 7 - Aug 10	WK 7 Aug 13 - Aug 17
Arts and Crafts	\$189	\$234	\$234	\$234	\$234	\$189	\$234
Morning Only Freshman Arts Camp	\$99	\$124	\$124	\$124	\$124	\$99	\$124
Morning Only Freshman Sports Camp	\$99	\$124	\$124	\$124	\$124	\$99	\$124
Multisport	\$189	\$234	\$234	\$234	\$234	\$189	\$234

* 4 day week because of Ontario Holiday

Optional Lunch available: 5 day week - \$34.00 per week / 4 day week - \$28.00

RIVERSIDE SOUTH, GLOUCESTER (Steve Maclean Public School)	WK 1* Jul 3 - Jul 6	WK 2 Jul 9 - Jul 13	WK 3 Jul 16 - Jul 20	WK 4 Jul 23 - Jul 27	WK 5 Jul 30 - Aug 3	WK 6* Aug 7 - Aug 10	WK 7 Aug 13 - Aug 17
Arts and Crafts	N/A	\$234	\$234	\$234	\$234	N/A	N/A
Morning Only Freshman Arts Camp	N/A	\$124	\$124	\$124	\$124	N/A	N/A
Morning Only Freshman Sports Camp	N/A	\$124	\$124	\$124	\$124	N/A	N/A
Multisport	N/A	\$234	\$234	\$234	\$234	N/A	N/A

Optional Lunch available: 5 day week - \$34.00 per week

SUMMER CAMP 2012

STITTSVILLE (A. Lorne Cassidy Elementary)	WK 1* Jul 3 - Jul 6	WK 2 Jul 9 - Jul 13	WK 3 Jul 16 - Jul 20	WK 4 Jul 23 - Jul 27	WK 5 Jul 30 - Aug 3	WK 6* Aug 7 - Aug 10	WK 7 Aug 13 - Aug 17
Arts and Crafts	N/A	\$234	\$234	\$234	\$234	N/A	N/A
Morning Only Freshman Arts Camp	N/A	\$124	\$124	\$124	\$124	N/A	N/A
Morning Only Freshman Sports Camp	N/A	\$124	\$124	\$124	\$124	N/A	N/A
Multisport	N/A	\$234	\$234	\$234	\$234	N/A	N/A

Optional Lunch available: 5 day week - \$34.00 per week

DISCOUNTS

There are many discounts available through our online registration system including: Facebook Discount, Returning Camper, Earlybird, Multiple Weeks Registration.

MISSION STATEMENT

Our mission is simple. We strive to be the best camp in the Ottawa area.

“We want every child who comes to camp to have the time of their life!”

Our programs are designed with two overriding principles in mind. Is it safe? Is it fun? If we can answer yes to these questions, then we "go for it". That's why camp is so much fun. We don't have to follow a curriculum and kids aren't graded or scored. It's all about the experience.

Our success is based on the fact that kids love our camp and they come back summer after summer.

“Word of mouth among kids and their parents is our best advertising.”

CAMP DESCRIPTIONS

March Break Camps

MARCH BREAK ARTS & CRAFTS CAMP

(Barrhaven, Beaverbrook)



Boys and girls ages 5 to 12.

Arts and Crafts in the morning and swimming each afternoon. A more detailed description is available below under Summer Camps.

MARCH BREAK MULTISPORT CAMP

(Barrhaven, Beaverbrook)



Boys and girls ages 5 to 12.

A wide variety of sports and games in the morning and swimming each afternoon. A more detailed description is available below under Summer Camps.

Summer Camps

SUMMER ARTS & CRAFTS CAMP

(Barrhaven, Beaverbrook, Bridlewood, Riverside South, Stittsville)



Boys and girls ages 5 to 12.

The emphasis of this camp is fun with arts and crafts, not technical training. Our goal is to provide a stimulating environment for kids who enjoy completing arts and crafts projects. Using age appropriate materials, our experienced teachers provide daily lessons in arts and crafts using a variety of materials including: pastels, coloured pencils, watercolour paints, foam sheets, googly eyes, beads, fabric paint, and more. Small classes and a low (8:1) student to teacher ratio ensure that students receive a great deal of individual attention and support. Our quality counsellors provide lots of instruction, guidance and inspiration. At the end of the week, students will have a portfolio of projects to take home.

SUMMER GOLF CAMP

(Barrhaven, Beaverbrook)



Boys and girls **ages 8 to 12.**

In partnership with the Kevin Haime Golf Centre in Kanata and the On the Green Driving Range in Barrhaven, campers aged 8 to 12 will receive golf instruction in the morning and go swimming each afternoon. Our goal is to provide campers with the tools to improve their confidence and their skills in a fun-first environment so they will enjoy the sport of golf for a lifetime. During their two hour lesson each day, campers will get lots of professional instruction and the opportunity to hit buckets of balls, all under the careful supervision and guidance of our Golf Professionals. Our instructors are among the finest CPGA Golf Professionals in Canada. They'll teach the skills necessary to improve your child's game and help them to play better golf.

NEW! Level 1 (beginner) and Level 2 (intermediate) now available. This will help to accommodate campers who have been with us before. Campers will be sorted (by our qualified instructors) into two distinct levels for instruction on the first day of camp.

SUMMER HORSEBACK CAMP

(Beaverbrook location ONLY)



Boys and girls **ages 8 to 12.**

Horseback Riding in the morning and swimming each afternoon. This camp is suitable as an introduction to Western Horseback Riding. It is not for experienced, advanced level riders. Under the watchful eye of experienced horse-riding instructors, campers aged 8 to 12, of different abilities will learn western horseback riding on quarter-horses and ponies in an outdoor sand ring. Confidence in riding will be fostered at each camper's individual pace. In addition to riding, children will also learn lots about horses and come to understand the complete responsibilities of horse ownership. Our mission is to educate campers through hands-on experience about horses, horse care and of course riding . . . in a fun-first, country environment. Personalized helmets will be provided on a weekly basis.

NEW! Level 1 (beginner) and Level 2 (intermediate) now available. This will help to accommodate campers who have been with us before. Campers will be sorted (by our qualified instructors) into two distinct levels for instruction on the first day of camp.

MORNINGS ONLY FRESHMAN SPORTS CAMP

(Barrhaven, Beaverbrook, Bridlewood, Riverside South, Stittsville)



Boys and girls **ages 5 and 6 only.**

Mornings only - 7:30 am to 12:30 pm.

"Mornings Only Campers" will take part in our traditional Multi-Sport Camp and then leave just after lunch before our afternoon swims.

Our Multi-Sport Camp gives campers an opportunity to try their hand at a wide variety of sports, games, and team challenges. Our goal for this camp is to nurture an appreciation of sport and provide an environment where all children achieve success regardless of their athletic ability. Our staff is an exceptional collection of certified teachers, coaches, assistants and volunteers.

MORNINGS ONLY FRESHMAN ARTS CAMP

(Barrhaven, Beaverbrook, Bridlewood, Riverside South, Stittsville)



Boys and girls **ages 5 and 6 only.**

Mornings only - 7:30 am to 12:30 pm.

"Mornings Only Campers" will take part in our traditional Arts and Crafts Camp and then leave just after lunch before our afternoon swims.

The emphasis of this camp is fun with arts and crafts, not technical training. Our goal is to provide a stimulating environment for kids who enjoy completing arts and crafts projects. Using age appropriate materials, our experienced teachers provide daily lessons in arts and crafts using a variety of materials including: pastels, coloured pencils, watercolour paints, foam sheets, googly eyes, beads, fabric paint, and more. Small classes and a low (8:1) student to teacher ratio ensure that students receive a great deal of individual attention and support. Our quality counsellors provide lots of instruction, guidance and inspiration. At the end of the week, students will have a portfolio of projects to take home.

SUMMER MULTISPORT CAMP

(Barrhaven, Beaverbrook, Bridlewood, Riverside South, Stittsville)



Boys and girls ages 5 to 12.

Our Multi-Sport Camp gives campers an opportunity to try their hand at a wide variety of sports, games, and team challenges in the morning and swimming each afternoon. Our goal for this camp is to nurture an appreciation of sport and provide an environment where all children achieve success regardless of their athletic ability. The Multi-Sport Camp changes from week to week to accommodate campers signed up for multiple weeks.

SUMMER SWIM CAMP (Barrhaven, Beaverbrook)

Boys and girls ages 5 to 12.



This camp is offered only as a two-week session because of the number of hours required for swimming lessons.

Kanata campers will walk to Beaverbrook Pool each morning for their lesson and then back to camp for the rest of the morning.

Barrhaven campers will travel by school bus to the Walter Baker Pool each morning for their lesson and then back to camp for the rest of the morning.

Campers will have a 45-minute swimming lesson each morning for two weeks (no lessons on Mondays). When they are not at their swim lessons, "swim campers" will participate in our Multi-Sport Camp in the morning and additional free swims each afternoon.

Swim Camp is the perfect solution for busy parents. No need to drive your kids to swim lessons outside of your regular work day. Lessons will be provided during camp hours by experienced, qualified swim instructors and participants will work toward completing their levels in the City of Ottawa's Lifesaving Society SWIM program. Campers will be placed in appropriate swim levels based on the swim assessment completed on the first day. We will be offering a variety of levels throughout the morning and will ensure that each camper is placed in the appropriate group. Just as with the City of Ottawa swim program, participants will receive a progress report at the end of each session.

SWIM SAFETY

We take swim safety very seriously. We want to assure you that we have put many safety precautions in place and our staff are well trained in supervising group swims. In fact, many of the swim policies and procedures we invented many years ago are now part of the City of Ottawa regulations for all swim groups and specifically camps. You can view our complete "Swim Safety Rules" on our website under "Policies".

AGE GROUPINGS

Campers are divided by age (not gender) into the following Cabin Groups:

Freshman	5, 6 year olds
Sophomore	7, 8 year olds
Junior	9, 10 year olds
Senior	11, 12 year olds

LUNCH PLAN

Our optional lunch plan is available for \$34 per week.

All food and snacks provided by Camps Canada are "NUT FREE". Along with the main course, campers also receive a drink of juice and a dessert like pudding, jello, or cookies.

Our lunch plan includes:

Monday:	Pizza Pizza
Tuesday:	Subway subs
Wednesday:	All Beef Hotdogs
Thursday:	Subway subs
Friday:	Pizza Pizza

TYPICAL DAY

This is a skeleton schedule only. It changes on a weekly basis to accommodate campers signed up for several weeks in the summer (sometimes consecutively).

7:30 to 8:45am – Pre Camp	Children choose between supervised quiet time for reading and playing board games or sports activities and games in the gym
8:45 to 9:00am – Start of Camp - Scatter	Attendance, children go to chosen “Specialty Camp” (some by bus)
9:00 to 10:15am - Specialty Camp Time	As chosen weekly – Arts and Crafts, Golf, etc.
10:15 to 10:40am – Snack	FREE Gatorade supplied, cash snack bar available
10:40 – 12:00 - Specialty Camp Time	As chosen weekly – Arts and Crafts, Golf, etc
12:00 to 12:30pm – Lunch	Buses return. Bring your own OR choose our optional lunch plan
12:30 to 1:00pm – Flagpole	Attendance, announcements, songs, jokes, rumours, tongue twisters, prepare for swim
1:00 – 4:00pm – Recreational Swim (no lessons provided)	Recreational Swim (no lessons provided)
4:00 – 4:30pm – Return to camp site - Snack and Wrap Up	FREE Gatorade supplied, cash snack bar available
4:30 – 5:30pm - Post Camp	Children choose between supervised quiet time for reading and playing board games or sports activities and games in the gym

NEED HELP?

If this Quickview Brochure has not answered your questions, you may want to visit the FAQs section of our website. If you still can't find the information you're looking for, please feel free to contact us anytime by email or by telephone.

We are happy to assist you!

IN THE OFFICE

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